



COURTSIDE RETREAT SCHEDULE

October 4 - 6, 2024

FRIDAY – DAY 1

5:00-6:00pm	Registration & Meet and Greet	
6:00-6:30pm	Kick-off and Opening Ceremony with Mano Watsa	
Coach's Workshop - Coaches will have two workshops to choose from for both times.		
6:30-7:15pm	Option 1	Option 2
	<i>Read & React Practice Tips</i> with Rick Torbett	<i>Building a Youth, Club and Feeder Program</i> with Sam Allen
7:30-8:15pm	Option 1	Option 2
	<i>Teaching Team Energy</i> with Micah Mills	<i>4 Biggest Coaching Lessons I Wish I Knew Earlier</i> with Craig Nickel
8:15-9:30pm	Evening Hang-Out	

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SATURDAY – DAY 2			
8:00-8:30am	Morning Routine with Mano Watsa		
8:45-9:45am	Player Development Practice with Emmanuel Players Get an insider's look at Emmanuel's player development. We've opened up the morning so that coaches can choose which practice to attend based on interests and needs. Observe one or all three!		
<i>On Court</i>	Guard Development	Post Development	Strength/Speed Workouts
9:55-10:40am	Defensive Practice with Emmanuel Players		
<i>On Court</i>	This 45 minutes will be focused on implementing and developing our team's defense.		
10:45-11:45am	Offensive Practice with Emmanuel Players		
<i>On Court</i>	This 60 minutes will be focused on implementing our transition and half court offense.		
11:45-12:30pm	Animal Press Practice		
<i>On Court</i>	This 45 minute practice will have our JV team showing how they practice with an Animal Press Emphasis		
12:45-3:45pm	Lunch & Social Continue to enjoy each other through basketball convos, corn hole, college football, swimming etc.		
Coach's Workshop - Coaches will have two workshops to choose from for both times.			
4:00-4:45pm	Option 1	Option 2	
	<i>Finishing Moves with Sam Allen</i>	<i>Get the Most Out of Your Staff with Graham Maxwell</i>	
4:45-5:30pm	Option 1	Option 2	
	<i>Read & React Q&A with Rick Torbett</i>	<i>Habits that Limit Turnovers and Win Games with Craig Nickel</i>	
5:30-6:15pm	Match Up Zone Implementation with Micah Mills		
<i>On Court</i>	This 45 minutes will be focused on implementing and developing our team's defense.		
6:15-11:00pm	Ball Game Cookout and Awards - Spouses Welcome Recognizing certified members. Cookout convos and fun!		

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SUNDAY – DAY 3	
8:15-9:00am <i>(Optional)</i>	Worship Service - all are welcome
9:15-9:45am	Morning Routine with Mano Watsa
10:00-11:30am	Open Court Time - It's all about you!
	In the gym. We will head over to the gym and our entire coaching team will be available to work with you on any questions you have and walk through anything you need.
11:30-12:00pm	Closing Ceremonies